

# Lourdes Westbrook

[SadieW6@gmail.com](mailto:SadieW6@gmail.com) | 757-784-8152 | [www.lourdeswestbrock.com](http://www.lourdeswestbrock.com) | 5'3"  
| Hair: Brown | Eyes: Brown

## Regional

Beehive	Laura	Tent Theatre/ <i>Sarah Wiggin</i>
The Toby Show	Sweet Sally	Shepherd of the Hills/ <i>Jae McFerron</i>
The Whodunnit Hoedown	Shirley	Shepherd of the Hills/ <i>Jae McFerron</i>
The Little Mermaid	Ensemble	Virginia Musical Theatre/ <i>Pierre Brault</i>

## Educational

Head Over Heels	Mopso	Spectra Theatre Co./ <i>Will Carelton</i>
Spring Awakening	Wendla	Spectra Theatre Co./ <i>Will Carelton</i>
bare: a pop opera	Rory	MSU/ <i>Sarah Wiggin</i>
Oklahoma! In Concert	Ensemble	MSU/ <i>Robert Westenberg</i>
Next to Normal	Natalie	Williamsburg Players
Parts of a Whole: Spring Dance	Dancer	MSU/ <i>Sarah Brummel</i>

## Film/T. V/Commercial

Sub Rosa	Claire (Lead)	MSU/ <i>James McFerron</i>
The Riot Act	Extra	Dir: <i>Devon Parks</i>

## Voiceover

Gray Skies, Dark Waters	Violet Garrett	Green Willow Games, LLC
These Shining Lives: A Radio Play	Charlotte	MSU/ <i>Sarah Wiggin</i>

## Training

### Missouri State University; Bachelor of Fine Arts, Musical Theatre

Acting:	Lisa Brescia, Robert Westenberg, Kurt Heinlein, Sarah Wiggin
Voice:	Amanda Taylor, Zipporah Peddle
Dance:	Sarah Wilcoxon, Sarah Brummel
Masterclasses:	Kate Lumpkin, Nathan Tysen, Kyle Dean Massey, Craig Carnella

## Special Skills

Dialects: IPA Trained, (New York, Deep South, RP, Hispanic) Combat, (Unarmed)  
Whistletones, Improv, Gymnastics, (Cartwheel, Handstand, Walkovers) Foundational  
Portuguese, Valid Driver's License and Passport